

# Empathy

## FREE WORKSHEETS

Name: \_\_\_\_\_

### RESPONDING WITH EMPATHY

Directions:  
Look at the situations below, and then match each situation to the correct feeling and response. Record your answers in the answer box.

	Feeling	Response
Situation #1	_____	_____
Situation #2	_____	_____
Situation #3	_____	_____
Situation #4	_____	_____
Situation #5	_____	_____
Situation #6	_____	_____
Situation #7	_____	_____
Situation #8	_____	_____

1. There is...
2. Your fr...
3. A boy is...
4. You see...
5. Your fr...
6. Your fr...
7. Your fr...
8. Someo...

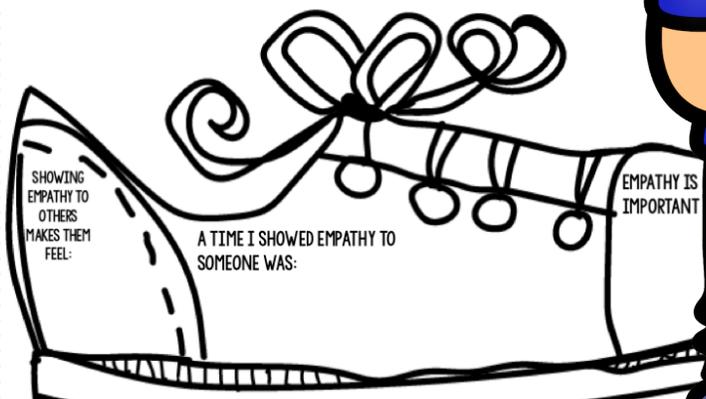
#### How do...

- A. Disappo...
- B. Sad
- C. Embarra...
- D. Nervous
- E. Mad
- F. Proud
- G. Frustrat...
- H. Lonely

Name: \_\_\_\_\_

### ALL ABOUT EMPATHY

Empathy can be described as "walking in someone else's shoes." Draw a shoe below, and answer the questions about empathy!



SHOWING EMPATHY TO OTHERS MAKES THEM FEEL:

A TIME I SHOWED EMPATHY TO SOMEONE WAS:

EMPATHY IS IMPORTANT

EMPATHY MEANS:



# Thank You!

Thank you so much for purchasing this product! Please remember to leave feedback, as it helps you get credit toward future purchases and helps me to continue making high quality products.

## About CounselorChelsey:

Hello! I am a licensed social worker with experience as a school based counselor, working in a mentorship program for teens, and am now a curriculum developer. My favorite part of my work has always been developing high quality resources for students to use. Since becoming a curriculum developer, I have loved being able to impact thousands of classrooms around the world!

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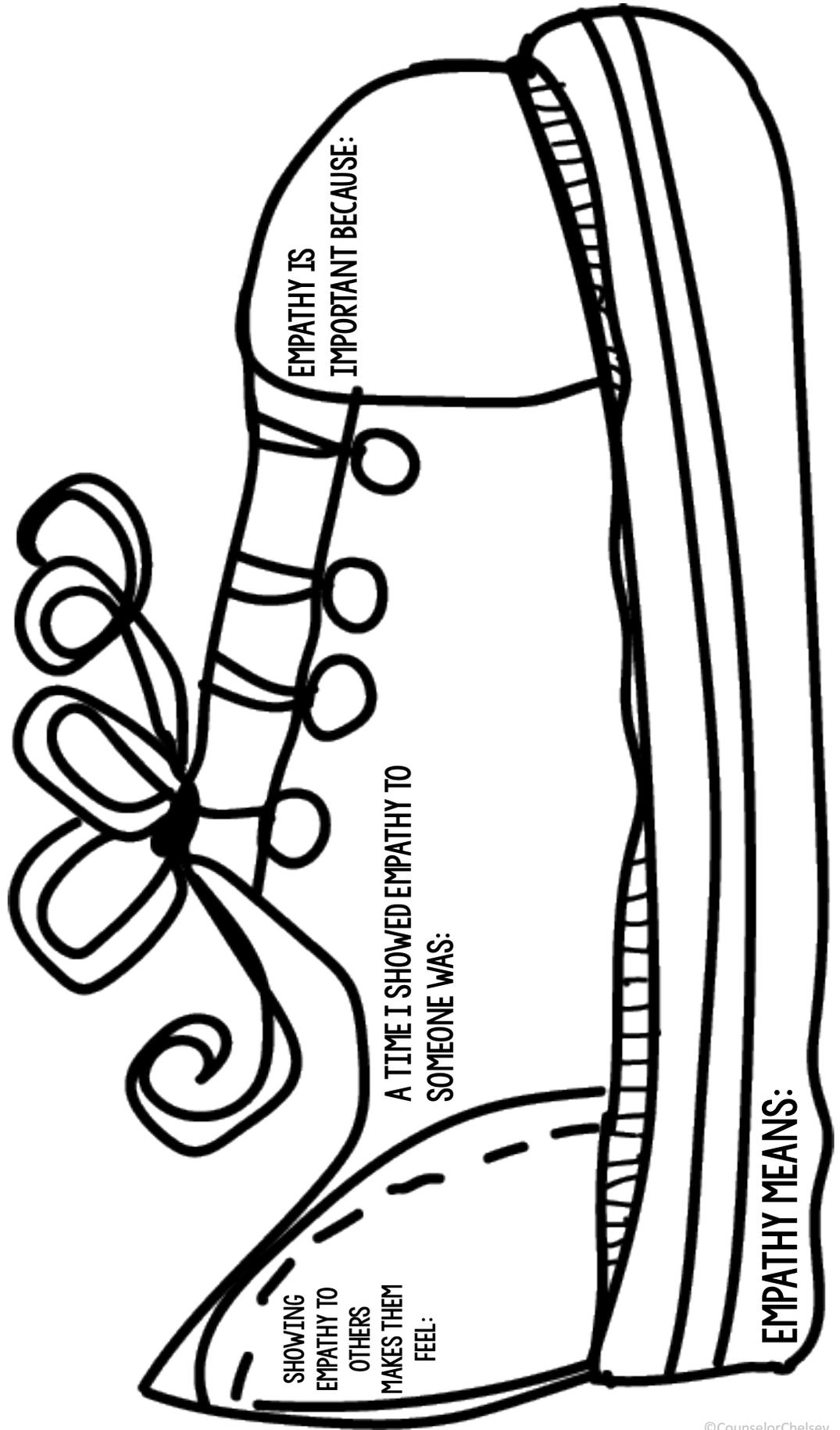
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Name: \_\_\_\_\_

# ALL ABOUT EMPATHY!

Empathy can be described as “walking in someone else’s shoes.” Look at the shoe below, and answer the questions about empathy!



SHOWING  
EMPATHY TO  
OTHERS  
MAKES THEM  
FEEL:

A TIME I SHOWED EMPATHY TO  
SOMEONE WAS:

EMPATHY IS  
IMPORTANT BECAUSE:

EMPATHY MEANS:

Name: \_\_\_\_\_

# RESPONDING WITH EMPATHY

## Directions:

Look at the situations below, and then match each situation to the correct feeling and response. Record your answers in the answer box.

	<b>Feeling</b>	<b>Response</b>
Situation #1	_____	_____
Situation #2	_____	_____
Situation #3	_____	_____
Situation #4	_____	_____
Situation #5	_____	_____
Situation #6	_____	_____
Situation #7	_____	_____
Situation #8	_____	_____

1. There is a new student in your class, and it is her first day.
2. Your friend made the school dance team.
3. A boy in your class fell at recess and got his pants wet.
4. You see a girl sitting by herself at recess.
5. Your friend studied really hard for the spelling test, but got a bad grade.
6. Your friend keeps trying, but can't figure out the right answer on the math homework.
7. Your friend lost her favorite sweatshirt.
8. Someone broke your friend's tablet.

## How does the person feel?

- A. Disappointed
- B. Sad
- C. Embarrassed
- D. Nervous
- E. Mad
- F. Proud
- G. Frustrated
- H. Lonely

## What can you do?

1. Ask her to play soccer with you.
2. Tell her that you are proud of her.
3. Help her find it.
4. Let him borrow yours until his gets fixed.
5. Help him get the right answer.
6. Help her study for the next test.
7. Try to help him dry off his pants.
8. Talk to her to make her comfortable.

# LOOKING FOR MORE Character Ed. Worksheets?

These two empathy worksheets are part of a larger resource with 50 character education worksheets!

Name: \_\_\_\_\_

## ALL ABOUT FAIRNESS!

Fairness means: \_\_\_\_\_

I can show fairness when: \_\_\_\_\_

Fairness is important because: \_\_\_\_\_



Name: \_\_\_\_\_

## ALL ABOUT HONESTY!

Honesty means: \_\_\_\_\_

Honesty is important because: \_\_\_\_\_

Name: \_\_\_\_\_

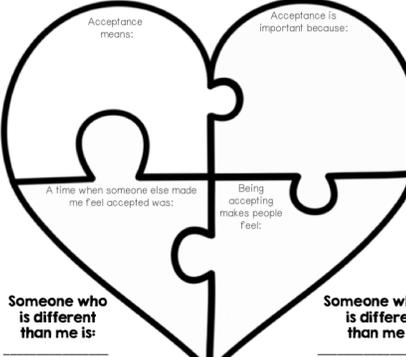
## PERSEVERANCE STRATEGIES

When we feel like giving up, there are things we can do to help us persevere. Look at the 9 strategies below, and write why you think this would help!

<b>Tell myself I can do it!</b>	<b>Look back at my notes</b>	<b>Take a short break</b>
_____	_____	_____
<b>Try again</b>	<b>Ask a classmate for help</b>	
_____	_____	
<b>Deep breaths</b>	<b>Do my best</b>	
_____	_____	

Name: \_\_\_\_\_

## ALL ABOUT ACCEPTANCE!



A time when someone else made me feel accepted was: \_\_\_\_\_

Being accepting makes people feel: \_\_\_\_\_

Someone who is different than me is: \_\_\_\_\_

This person is special because: \_\_\_\_\_

Someone who is different than me is: \_\_\_\_\_

This person is special because: \_\_\_\_\_

Name: \_\_\_\_\_

## THE EFFECTS OF HONESTY

If I am honest...	If I am not honest...
Others will feel: _____	Others will feel: _____
Others will think I am: _____	Others will think I am: _____
This is how others will treat me: _____	This is how others will treat me: _____

## Topics Include:

- Acceptance
- Citizenship
- Being Considerate
- Cooperation
  - Courage
  - Diligence
  - Empathy
  - Fairness
- Forgiveness
- Generosity
- Gratitude
- Honesty
- Humility
- Integrity
- Kindness
- Leadership
- Loyalty
- Optimism
- Patience
- Perseverance
- Respect
- Responsibility
- Self Control
- Sportsmanship
- Trustworthiness

Get them here: <http://bit.ly/CharacterWksht>